



Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra  
  
Swiss Confederation  
  
**Federal Office of Sport FOSPO**

Working together for healthy, respectful and fair sport!

## The seven principles of the Charter for Ethics in Sport

### 1 Equal treatment for all!

There must be no discrimination on the basis of nationality, age, gender, sexual orientation, social background, religious or political affiliations.

### 2 Sport in harmony with the social sphere!

The demands of training and competition must be compatible with education, work and family life.

### 3 Encouragement of personal and shared responsibility!

Athletes must be actively involved in decisions affecting them.

### 4 Respectful encouragement, not excessive pressure!

Sporting goals must not be achieved at the expense of the physical or psychological well-being of athletes.

### 5 Teaching fairness and environmental responsibility!

Athletes must behave with respect for each other and the environment.

### 6 Against violence, exploitation and sexual assault!

Prevention without misguided taboos: be alert, raise awareness and intervene rigorously.

### 7 Rejection of drugs and addictive substances!

Provide continuous information and intervene immediately in the event of consumption.

[www.spiritofsport.ch](http://www.spiritofsport.ch)

... for the **SPiRiT** of **SPORt**

Sport brings people together.  
From all over the world and each in his or her unique way.

Ethics in sport may not be a widely-discussed issue,  
but it is the most important one.

Swiss sport has a clear foundation stone.

# The Charter for Ethics in Sport

... for the **SPIRIT of SPORT** is the highest basic principle for Swiss sport. Wherever it appears, it reminds us that sport depends on sportsmanship.

... for the **SPIRIT of SPORT** sums up what the Charter for Ethics in Swiss Sport demands. Its seven principles for healthy, respectful and fair sport are an obligation for everyone in sport.

... for the **SPIRIT of SPORT** is applied by Swiss Olympic and the Federal Office of Sport (FOSPO) where sportsmanship is practised visibly and consistently.

[www.spiritofsport.ch](http://www.spiritofsport.ch) is the central information point

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Sport means emotions. They include respect for  
and responsibility towards oneself and others.